

## 2019 Hajj Packing List

### Important Items to Pack

1 pair of comfortable walking shoes  
1 set of Eham & 1 extra set between two people  
Men will need one pair of slippers for Eham  
2 sets Eham (ladies) (carry one set in your hand luggage)  
5 pairs of clothes/khanzuz (men)  
5 pairs of clothes (ladies)  
Socks (for women as part of their hijab)  
4-5 abayas (for women)  
1 bath towel  
Personal Medications  
Flashlight with batteries (can sometimes be shared with others)  
Spray bottle  
Sleeves (for women)  
Personal Dua Books  
Extra pair of glasses (if you have)  
A pair of flip flops (rubber slippers)  
Unscented Liquid Soap (for Ghusal of Eham and can be used throughout your Hajj trip)  
Shampoo\Conditioner (for regular showers)  
A small pair of scissors (for taksir)  
Toothpaste and toothbrush  
Washroom water bottle (during travel)  
Comb  
Feminine hygiene products for women  
Safety pins  
Vaseline or cortisone cream  
1 small face cloth  
Lip Protection  
Empty plastic bags  
Face mask/ dust mask (available in Makkah and Madina pharmacies)\*  
Colored ribbons for suitcase/tags  
Cell phone (you can buy local cell phone in Madina and Makkah)  
Camera

### Ipad

### Provided by the Group

- Neck pouch with ID Nametag
- Name tag for the luggage
- Wrist band with emergency contact
- Scarf for ID (ladies only)
- 7 Beads on a string (for the tawaf count)
- Salaat items - i.e. travel musallah
- Small Bag to take to the Haram
- Niyyat cards
- Slipper/Shoe bags
- Books Dua e Arafah/ Ziarat Book
- Backpack for Arafah\Mina
- Stone bag

### (Arafah/Muzdalifah/Mina)

Backpack  
Set of Eham  
Sleeping bag or a mat  
Travelling Mussala  
Prescription Medicine  
Torch (can be shared)  
Stone bags  
Dua books  
Spray bottle  
Pair of scissors (for ladies can be shared)  
Men can use their eham pieces as a towel  
Change of clothes (One pair) for Men  
Small Towel for Ladies (to shower in Mina)  
Small supply of plastic shopping bags

### \*Extra Medications - (If you would like to carry, can be shared with others and also available in Saudi under a different brand)

Gravol  
Band Aids  
Dextrose Tablets  
Vitamin C  
Imodium  
CIPRO/Zithromax and other antibiotics  
Tylenol, Aspirin, Advil  
Polysporin  
Zantac  
Blistex  
Blister tapes  
Gatorade or Electrolyte Powder

### Important Items to carry in the haram:

- Dua books/iPhone
- Travel musallah
- Shoe bag
- Water bottle\spray bottle (comes in handy for doing wudhoo)

No cameras allowed (handbags are generally searched at the ladies' entrance especially in Madina)

**Please bear in mind that Saudi Arabia today is no longer the Saudi Arabia of the 60s and everything is readily available in the country. Toiletries, consumables, food, snacks, medicines are all available in abundance and one should not panic if one forgets anything or needs some things urgently.**

**It is very important that we travel lightly. We suggest take only a few pairs of clothes lightening your load. Laundries are not an uncommon sight in Hajj. Soap powder, fabric softeners and other detergents are easily available in local supermarkets. The highlighted items are readily available in Saudi Arabia incase if you need to purchase from there.**

MOST IMPORTANT- TO HAVE AT ALL TIMES

Spiritual Packing:

"Patience, tolerance, forbearance, sharing, caring, forgiving, praying for others and being positive"